

Exercise, Anyone?

Several members have expressed an interest in an organized exercise program designed for neuropathy patients or a physician-approved exercise regimen. As the Board of Directors explores possibilities along this avenue, board members value your input.

Does this idea interest you or not?
Would you be likely to participate?
What value would either option hold for you? What should the product of such an endeavor look like?

Send your thoughts on the topic to nancy@handsfeetheart.org.