Thank you to our supporters since our Fall newsletter:

Up to $25
Selma Mintz

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Terry Dunn
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$25-$50 (Sustainers)
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Barbara Scott
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David Lawrence
Anne Liddell
Rick Beyer
Paul and Amanda Pink
Barbara Scott
Tom Smith
Tom Smith
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$100-$200
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Marilyn Fulbright
M. Dorsey Cartwright
Dick Sutton
Ann Holden

$200-$500
Nancy Herlin
Rick Beyer
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Judy Murphy
Tony and Rebel Pain
Paul and Amanda Pink
Barbara Scott
Tom Smith
The O'Conner Family Living Trust

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$100-$250
John and Ann Atchison
Ann Holden
Barbara Scott

$250-$500
Bill Barnes
Blake and Frances Betts
Diana Devitt
M. Dorsey Cartwright
Rick Beyer

$500-$1,000
Barbara Scott
Rick Beyer
Nancy Herlin

$1,000-$2,500
St. David's Foundation Health's Angel

Donations In Honor of:

$40
Donna Dale
Bill and Betty Melzer
Chris Miller, OCN
Doug Murrell
Vivian Bennett
James Simpson
Don Kaid
Bill and Betty Melzer
Chris Miller, OCN
Doug Murrell
Vivian Bennett
James Simpson

To register your membership, please
enclose your payment in the return envelope provided in this newsletter.

Do you value our programs? Want to pay it forward for our programs and online resources, please consider becoming a member for 2017– we are at 75% of our membership goal for the year. Maybe you are in a better place where you don’t need us but could “pay it forward” to help us serve others who are new to neuropathy and are overwhelmed with the new life they face. We are a non-profit and are highly dependent on your membership and donations to continue offering our programs and services. All membership dues are tax-deductible.

If you have been a member before, please consider increasing your donation amount by offering our programs and services.

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Kelli Craddock
Neuropathy Alliance of Texas is thrilled to have hired its first paid Executive Director in January 2017. We are sitting down to new and very exciting growth for our organization!

“I am honored and excited to have been selected as the new Executive Director for NATX. Nancy will continue to be involved and will remain on the NATX Board of Directors. I realize that I have some pretty big shoes to fill – my intention is to continue the good work of NATX with the guidance and support of the Board of Directors.

Here’s a little about my professional career…. I have a solid background in nonprofit. I previously worked at the LIVESTRONG Foundation where I led a coalition of organizations to raise awareness and increase research for young adults with cancer. Prior to that, I worked in the medical education arena where I collaborated with key thought leaders to create educational programs. I was (and still am) a dedicated volunteer and have served on several boards, committees and task forces to serve and improve our community. On a personal note, I have a wonderful family! My husband, Mike, our son, Cole (10 years old) and our German Shepherd, Zoe. I love to be outside and in the garden. I enjoy cooking, exploring, being creative and spending time with my family.

That’s a little about me – I want to learn more about you! I am eager to meet you and to hear your story about your own neuropathy journey. Please feel free to reach out to me- my email is kelli@neuropathyalliancetx.org or my cell phone is 512-386-6004. My desire is to work with you to continue to make the Neuropathy Alliance of Texas YOUR organization.

Kelli

With a warm heart,
Kelli

Thank you for supporting us so we can continue to support you!
Exciting New 2017 Video Project

Starting in January, we have begun filming short, condenced videos about “Living with Neuropathy” that we will play at our meetings and will offer to new members and clients. We hope these videos, which are similar topics to what we’ve had in past meetings, will help spark beneficial group discussions and provide helpful information to visitors on our website that may be new to neuropathy. Stay tuned!

Take Action for Your Health with Tai Chi

Collaborative scientists, by identifying this signaling pathway, have created the possibility to study muscarinic drugs, which are already approved for treating other conditions, as a potential new treatment for neuropathy.

Researchers Study Deep Brain Stimulation for Neuropathic Pain Relief

Pain medications, certain antidepressants, anti-epileptics and topical capsaicin are often ineffective treatments for neuropathy. Because of this, some researchers are looking at the use of Deep Brain Stimulation (DBS) to help treat neuropathy symptoms. DBS is a commonly used treatment to improve quality of life for many individuals suffering from the disease. The benefits from DBS have been widely different for each patient so scientists are looking to have a better understanding of the effects.

Time is running out fast so please contact us today to get involved!

Email Haden Sirmon at haden@neuropathyalliancetx.org

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http://amplifyatx.livewhereivehere.org/nats

A few of Tai Chi’s potential benefits include increased circulation, improved balance, strong bones, muscle strength, flexibility, and stress release.

Join one of our classes today!

South Austin— South Austin YMCA, 6209 Oakesdale Dr., Austin 78735. We are still working out class times and details. Cost will be $5/class. Please contact infortu@hopeforneuropathyalliancetx.org to sign up.

Georgetown— Thursdays 9:00 AM—10:30 AM at 2423 Williams Dr., Suite 101, Georgetown 78626. Cost $5/class. Please contact blake@ubetts.com to register.

Northwest Hills—7302 Hart Ln., Austin 78737. Level 1 meets on Tuesdays and Fridays 9:00 AM—10:00 AM, $25/month. Level 2 meets on Mondays and Thursdays 9:00 AM—10:00 AM, $3/class. Please contact lisa.q@shalomaustin.org for more info.

Research Shows Blocking Neuron Signaling Pathway Could Introduce a New Treatment for Neuropathy

Researchers have identified a molecular pathway that, when blocked, drives sensory neuron growth and reverses peripheral neuropathy in rodents with type 1 diabetes and chemotherapy-induced neuropathy.

Earlier research shows that mitochondria, the energy-carrier in all cells, has a vital role in promoting nerve growth and maintaining neurons in patients with neuropathy.


What’s new in 2017?

We have a pool of generous donors, both small and large corporations and individuals, who have agreed to match our Amplify fundraising.

Why get involved?

This is an excellent opportunity for your family and friends to understand your neuropathy and to help support you. Amplify is NATX’s main fundraiser for 2017 so we need your help to continue our support groups, Tai Chi classes, and educational resources.

How Amplify donations will impact NATX:

• $1,000= one support group meeting for the entire year.
• $500= print our educational booklets for newly diagnosed patients.
• $250= produce one educational video for 2017 programming.
• $100= print 75 quarterly newsletters for our network of patients and physicians.
• $75= 4 new books about neuropathy for our lending libraries.
• $50= a patient to participate in our Tai Chi classes for 12 weeks.
• $25= welcome kit and resources available for a new neuropathy patient.

How can you help?

• Be an individual fundraiser! Last year our individual fundraisers were responsible for 95% of the money that we raised, so we can make a huge difference. NATX will help you set up your own personal page, and you can share your family and friends make a donation in your honor.
• Recruit individual fundraisers. Are you comfortable with technology and social media? That’s ok — this is an incredible opportunity for your family members and friends to get involved. It’s a great way for you to raise awareness about your neuropathy and a chance for your loved ones to raise money in your honor.
• Get your employer involved. Businesses can also have fundraiser pages where they incentivize employees to give back to their favorite Austin non-profit, or they could consider sponsoring and/or matching Amplify donations to any individual donor.
• Donate! Visit our page today to schedule your donation, or donate during the 24 hour period.

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NATX will help you set up your own personal page, and you can share your family and friends make a donation in your honor.

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